

MONDAY

| | |
|---------------------|---|
| MAIN MEAL | Sausage (G,SU) & Mash with Onion Gravy |
| VEGGIE MEAL | Tex Mex Vegetarian Sausage Hot Pot (G,E,MK) ✓ |
| JACKET/PASTA | Pasta (G) with Cheese Sauce (G,MK) ✓ |
| SIDES | Sweetcorn & Peas ✓ |
| DESSERT | Vanilla Ice Cream (MK) with Fruit Compote ✓ |

TUESDAY

| | |
|---------------------|---|
| MAIN MEAL | Sweet & Sour Chicken (G,C) with Steamed Rice |
| VEGAN MEAL | Sweet & Sour Vegetables (G,C) with Steamed Rice ✓ |
| JACKET/PASTA | Jacket Potato with Baked Beans ✓ |
| SIDES | Cauliflower & Green Beans ✓ |
| DESSERT | Fruit Burst Jelly ✓ |

WEDNESDAY

| | |
|---------------------|--|
| MAIN MEAL | Honey Roast Gammon with Roast Potatoes & Gravy |
| VEGAN MEAL | BBQ Roast Sweet Potato & Bean Loaf (g) with Roast Potatoes & Gravy ✓ |
| JACKET/PASTA | Wholegrain Pasta (G) with Tomato Sauce (C) ✓ |
| SIDES | Seasonal Greens & Carrots ✓ |
| DESSERT | Apple & Oaty Topped Crumble (G) ✓ with Custard (MK) ✓ |

THURSDAY

| | |
|---------------------|---|
| MAIN MEAL | Beef Bolognese (C) with Spaghetti (G) |
| VEGAN MEAL | Vegan Bolognese (SO,g) with Spaghetti (G) ✓ |
| JACKET/PASTA | Jacket Potato with Cheese (MK) ✓ |
| SIDES | Broccoli & Sweetcorn ✓ |
| DESSERT | Chocolate & Beetroot Brownie (G,E) ✓ |

FRIDAY

| | |
|---------------------|-----------------------------------|
| MAIN MEAL | Fish Fingers (G,F) with Chips |
| VEGAN MEAL | Vegetable Burrito Wrap (G,SO) ✓ |
| JACKET/PASTA | Pasta (G) with Tomato Sauce (C) ✓ |
| SIDES | Peas & Baked Beans ✓ |
| DESSERT | Maryland Cookie (G,mk) ✓ |

Allergen Key - CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame

JACKET & PASTA BAR AVAILABLE DAILY

Week 1 : 19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September,
10th October, 31st October

Also Available Daily
Homemade Fruit Yoghurt (MK,SO) ✓, Fruit Platter ✓
Garlic & Herb Bread (G,SO,MK,e) ✓
Wholemeal Bread (G,SO,MK,e) ✓

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HONESTLY GOOD FOOD

MONDAY

| | |
|---------------------|--|
| MAIN MEAL | BBQ Chicken Pizza (G,MK) |
| VEGGIE MEAL | Margherita Pizza (G,MK) ✓ |
| JACKET/PASTA | Jacket Potato with Tuna Mayonnaise (F,E) |
| SIDES | Sweetcorn ✓ & Coleslaw (E) ✓ |
| DESSERT | Chocolate & Courgette Sponge (G,E) with Chocolate Sauce (MK) ✓ |

TUESDAY

| | |
|---------------------|---|
| MAIN MEAL | Mild Chicken & Vegetable Curry (MU) with Steamed Rice |
| VEGAN MEAL | Squash & Spinach Pattie with Jollof Rice (g) ✓ |
| JACKET/PASTA | Wholegrain Pasta (G) with Tomato Sauce (C) ✓ |
| SIDES | Cauliflower & Peas ✓ |
| DESSERT | Oat and Cherry Cookie (G,SU) ✓ |

WEDNESDAY

| | |
|---------------------|--|
| MAIN MEAL | Roast Chicken with Roast Potatoes & Gravy |
| VEGGIE MEAL | Cauliflower & Cheese Bake (G,MK) with Roast Potatoes & Gravy ✓ |
| JACKET/PASTA | Pasta (G) with Cheese Sauce (G,MK) ✓ |
| SIDES | Seasonal Greens & Carrots ✓ |
| DESSERT | Banana Flapjack (G) ✓ |

THURSDAY

| | |
|---------------------|---|
| MAIN MEAL | Beef Burger in a Bun (G,se) |
| VEGAN MEAL | Vegan Chilli Con Carne (SO,C,g) with Rice ✓ |
| JACKET/PASTA | Jacket Potato with Baked Beans ✓ |
| SIDES | Broccoli & Sweetcorn ✓ |
| DESSERT | Apple & Parsnip Sponge (G,E) ✓ |

FRIDAY

| | |
|---------------------|---|
| MAIN MEAL | Battered Fish (G,F) with Chips |
| VEGAN MEAL | Vegetable Goujon with Chips ✓ |
| JACKET/PASTA | Pasta (G) with Roasted Tomato Sauce ✓ |
| SIDES | Peas & Baked Beans ✓ |
| DESSERT | Vanilla Ice Cream (MK) with Peach Compote ✓ |

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JACKET & PASTA BAR AVAILABLE DAILY

Week 2 : 25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October

Also Available Daily
Homemade Fruit Yoghurt (MK,SO) ✓, Fruit Platter ✓
Carrot & Thyme Bread (G,SO,MK,e) ✓
Wholemeal Bread (G,SO,MK,e) ✓

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HONESTLY GOOD FOOD

MONDAY

| | |
|---------------------|--|
| MAIN MEAL | Cottage Pie topped with Sliced Sweet Potato (SU) |
| VEGGIE MEAL | Macaroni & Cheese (G,MK) ✓ |
| JACKET/PASTA | Jacket Potato with Baked Beans ✓ |
| SIDES | Peas & Carrots ✓ |
| DESSERT | Sticky Banana Bread (G,SO,MK,e) ✓ |

TUESDAY

| | |
|---------------------|---|
| MAIN MEAL | Turkey & Vegetable Pie Topped with Puff Pastry (G,MK) |
| VEGAN MEAL | Spicy Vegetable Jambalaya (g) ✓ |
| JACKET/PASTA | Jacket Potato with Salmon Mayonnaise (F,E) |
| SIDES | Cauliflower & Broccoli ✓ |
| DESSERT | Vanilla Shortbread (G) ✓ |

WEDNESDAY

| | |
|---------------------|---|
| MAIN MEAL | Thyme Roast Chicken with Roast Potatoes & Gravy |
| VEGAN MEAL | Roasted Ratatouille with Crumble (G) ✓ |
| JACKET/PASTA | Wholegrain Pasta (G) with Cheese Sauce (G,MK) ✓ |
| SIDES | Seasonal Greens & Mashed Swede ✓ |
| DESSERT | Mandarin Jelly ✓ |

THURSDAY

| | |
|---------------------|-------------------------------------|
| MAIN MEAL | Beef Lasagne (G,MK,e) |
| VEGGIE MEAL | Vegetable Lasagne (G,MK,e) ✓ |
| JACKET/PASTA | Jacket Potato with Baked Beans ✓ |
| SIDES | Sweetcorn ✓ & Coleslaw (E) ✓ |
| DESSERT | Coconut & Orange Cookie (G,SU,mk) ✓ |

FRIDAY

| | |
|---------------------|------------------------------------|
| MAIN MEAL | Fish Fingers (G,F) with Chips |
| VEGGIE MEAL | BBQ Vegetable Quesadillas (G,MK) ✓ |
| JACKET/PASTA | Pasta (G) with Tomato Sauce (C) ✓ |
| SIDES | Peas & Baked Beans ✓ |
| DESSERT | Chocolate Mousse (MK) ✓ |

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JACKET & PASTA BAR AVAILABLE DAILY

Week 3 : 3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October

Also Available Daily
Homemade Fruit Yoghurt (MK,SO) ✓, Fruit Platter ✓
Tomato & Herb Bread (G,SO,MK,e) ✓
Wholemeal Bread (G,SO,MK,e) ✓

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HONESTLY GOOD FOOD