

Let's see what's for lunch...

Week 1

Monday	Main Meals	Beef Bolognese with Spaghetti (G)	Served With	Peas & Broccoli
		Baked Jackets with Grated Cheese (MK)	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Tuesday	Main Meals	Margherita Pizza (G,SO,MK,e) with Baked Wedges	Served With	Carrots & Sweetcorn
		Pasta (G) & Tomato Sauce	Dessert	Apple Crumble (G) with Custard (MK)
Wednesday	Main Meals	Roast Chicken with Roast Potatoes & Gravy	Served With	Seasonal Greens & Cauliflower
		Squash & Lentil Lasagne (G,MK,e)	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Thursday	Main Meals	Macaroni & Cheese Bolognese Bake (G,MK,C)	Served With	Broccoli & Carrots
		Vegan Bean Chilli (SO) with Steamed Rice	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Friday	Main Meals	Breaded Fish Fingers (G,F) with Chips & Ketchup	Served With	Peas & Baked Beans
		Vegan Goujons with Chips & Ketchup	Dessert	Banana Flapjack (G)
Freshly Baked Bread: Carrot & Beetroot (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)				

Week 1:

27th May, 17th June, 8th July, 2nd Sept, 23rd Sept, 14th Oct, 4th Nov, 25th Nov, 16th Dec

Week 2

Monday	Main Meals	Pork Sausage (G,SU) with Mashed Potato & Gravy	Served With	Sweetcorn & Baked Beans
		Pasta (G) & Tomato Sauce	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Tuesday	Main Meals	Chicken & Sweetcorn Pasta (G,MK)	Served With	Carrots & Broccoli
		Baked Jackets with Grated Cheese (MK)	Dessert	Apple Cake (G,E)
Wednesday	Main Meals	Honey Roast Gammon with Roast Potatoes & Gravy	Served With	Seasonal Greens & Peas
		Sweet Chilli Stir-fry Mushroom & Vegetable Noodles (G,E,SO)	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Thursday	Main Meals	Mild Chicken & Vegetable Curry with Steamed Rice	Served With	Carrots & Sweetcorn
		Spanish Omelette (E)	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Friday	Main Meals	Breaded Fish Fingers (G,F) with Chips & Ketchup	Served With	Peas & Baked Beans
		Vegan Fajita Wrap (G) with Chips & Ketchup	Dessert	Lemon Drizzle Sponge (G,E)
Freshly Baked Bread: Garlic & Herb (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)				

Week 2:

3rd June, 24th June, 15th July, 9th Sept, 30th Sept, 21st Oct, 11th Nov, 2nd Dec

Week 3

Monday	Main Meals	Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne (G)	Served With	Carrots & Broccoli
		Baked Jackets with Grated Cheese (MK)	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Tuesday	Main Meals	Chicken & Vegetable Hotpot	Served With	Sweetcorn & Coleslaw (E)
		Pasta (G) & Tomato Sauce	Dessert	Carrot Cake (G,E)
Wednesday	Main Meals	Herby Roast Chicken with Roast Potatoes & Gravy	Served With	Seasonal Greens & Broccoli
		3 Vegetable Mac n' Cheese (G,MK)	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Thursday	Main Meals	Traditional Beef Lasagne (G,MK,e)	Served With	Cauliflower & Carrots
		Vegan Chickpea & Spinach Korma with Steamed Rice	Dessert	Fresh Fruit, Yoghurt (SO,MK) or Jelly
Friday	Main Meals	Breaded Fish Fingers (G,F) with Chips & Ketchup	Served With	Peas & Baked Beans
		Vegan Bubble & Squeak with Chips & Ketchup	Dessert	Apple & Parsnip Cake (G,E)
Freshly Baked Bread: Courgette & Tomato (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)				

Week 3:

10th June, 1st July, 22nd July, 16th Sept, 7th Oct, 28th Oct, 18th Nov, 9th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.



Made Fresh Every Day

All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

Allergen Key:

CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM1 Kelvedon
May 2024

All products are subject to availability

pabulummm
HONESTLY GOOD FOOD