

# Let's see what's for lunch...

Week 1

<b>Monday</b>	<b>Main Meals</b> 3 Veg Macaroni Cheese (G,MK) Vegan Vegetable & Bean Chilli with Steamed Rice Jacket Potato with Baked Beans	<b>Served With</b> Baked Beans & Peas	<b>Dessert</b> Chocolate & Sweet Potato Brownie (G,E)
<b>Tuesday</b>	<b>Main Meals</b> Vegan Spiced Squash & Potato Samosa (G) Chicken Biryani (g) with Vegetable Dhal (g) Halal Chicken Biryani (g) with Vegetable Dhal (g) Jacket Potato with Baked Beans	<b>Served With</b> Sweetcorn & Broccoli	<b>Dessert</b> Courgette & Oat Cookie (G)
<b>Wednesday</b>	<b>Main Meals</b> Vegan Squash, Sweet Potato & Bean Hot Pot Roast Chicken Fillets with Gravy Halal Roast Chicken Fillets with Gravy Pasta (G) with Tomato & Basil Sauce	<b>Served With</b> Roast Potatoes, Seasonal Greens & Carrots	<b>Dessert</b> Vanilla Ice Cream (MK)
<b>Thursday</b>	<b>Main Meals</b> Vegan Tofu Sweet & Sour Vegetables (G,SO) with Steamed Rice Baked Chicken & Beef Sausages with Crushed Potatoes & Gravy Halal Baked Chicken & Beef Sausages with Crushed Potatoes & Gravy Jacket Potato with Cheddar Cheese (MK)	<b>Served With</b> Cauliflower & Roasted Carrots	<b>Dessert</b> Apple & Parsnip Sponge (G,E)
<b>Friday</b>	<b>Main Meals</b> Vegan Vegetable Fingers, Chips & Ketchup Fish Fingers (G,F), Chips & Ketchup Pasta (G) with Tomato & Basil Sauce	<b>Served With</b> Baked Beans & Peas	<b>Dessert</b> Fruit Jelly

**Freshly Baked Bread:**  
Tomato & Rosemary (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 1: 6<sup>th</sup> Jan, 27<sup>th</sup> Jan, 17<sup>th</sup> Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar, 21<sup>st</sup> Apr, 12<sup>th</sup> May, 2<sup>nd</sup> Jun, 23<sup>rd</sup> Jun, 14<sup>th</sup> Jul

Week 2

<b>Monday</b>	<b>Main Meals</b> Margherita Pizza (G,SO,MK,e) with Baked Wedges Pasta (G) with Tomato & Vegetable Sauce	<b>Served With</b> Cauliflower & Green Beans	<b>Dessert</b> Maryland Cookie (G,mk)
<b>Tuesday</b>	<b>Main Meals</b> Vegan Cauliflower & Sweet Potato Coconut Curry with Steamed Rice Traditional Beef Lasagne (G,MK,e) Halal Traditional Beef Lasagne (G,MK,e) Pasta (G) with Squash & Tomato Sauce	<b>Served With</b> Carrots & Peas	<b>Dessert</b> Carrot & Apple Flapjack (G)
<b>Wednesday</b>	<b>Main Meals</b> Vegan Bombay Chickpea Burrito (G) Roast Turkey with Gravy Halal Roast Turkey with Gravy Pasta (G) with Squash & Tomato Sauce	<b>Served With</b> Roast Potatoes, Seasonal Greens & Carrots	<b>Dessert</b> Banana & Cinnamon Sponge (G,E)
<b>Thursday</b>	<b>Main Meals</b> Vegan Vegetable & Chickpea Ragù with Penne Pasta (G) Mild Chicken & Vegetable Curry with Steamed Rice Halal Mild Chicken & Vegetable Curry with Steamed Rice Jacket Potato with Cheddar Cheese (MK)	<b>Served With</b> Broccoli & Sweetcorn	<b>Dessert</b> Cherry Shortbread (G,SU)
<b>Friday</b>	<b>Main Meals</b> Vegan Boston BBQ 3 Bean Stew with Baked Jackets Fish Fingers (G,F), Chips & Ketchup Pasta (G) with Squash & Tomato Sauce	<b>Served With</b> Baked Beans & Peas	<b>Dessert</b> Vanilla Ice Cream (MK)

**Freshly Baked Bread:**  
Beetroot & Herb (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 2: 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 24<sup>th</sup> Feb, 17<sup>th</sup> Mar, 7<sup>th</sup> Apr, 28<sup>th</sup> Apr, 19<sup>th</sup> May, 9<sup>th</sup> Jun, 30<sup>th</sup> Jun, 21<sup>st</sup> Jul

Week 3

<b>Monday</b>	<b>Main Meals</b> Vegan Bolognese (SO,g) with Spaghetti (G) Jacket Potato with Baked Beans	<b>Served With</b> Classic Coleslaw (E) & Sweetcorn	<b>Dessert</b> Cinnamon Apple Crumble (G) with Custard (MK)
<b>Tuesday</b>	<b>Main Meals</b> Vegetable Lasagne (G,SO,MK,e) Sticky Soy, Vegetable & Beef Stir Fry (G,SO) with Egg Noodles (G,E) Halal Sticky Soy, Vegetable & Beef Stir Fry (G,SO) with Egg Noodles (G,E) Jacket Potato with Baked Beans	<b>Served With</b> Broccoli & Cauliflower	<b>Dessert</b> Sultana & Oat Cookie (G)
<b>Wednesday</b>	<b>Main Meals</b> Vegan Country Vegetable & Bean Pie (G) Roast Chicken with Gravy Halal Roast Chicken with Gravy Pasta (G) with Tomato & Vegetable Sauce	<b>Served With</b> Roast Potatoes, Seasonal Greens & Carrots	<b>Dessert</b> Fruit Jelly
<b>Thursday</b>	<b>Main Meals</b> Vegetable Chow Mein (G,E,SO) Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta (G) Halal Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta (G) Jacket Potato with Salmon Mayonnaise (F,E) or Baked Beans	<b>Served With</b> Cauliflower & Roasted Carrots	<b>Dessert</b> Orange Drizzle Cake (G,E)
<b>Friday</b>	<b>Main Meals</b> Mexican Roasted Vegetable & Bean Quesadilla (G) Fish Fingers (G,F), Chips & Ketchup Wholewheat Pasta (G) with Tomato & Vegetable Sauce	<b>Served With</b> Baked Beans & Peas	<b>Dessert</b> Chocolate & Courgette Rice Krispie Cake (G)

**Freshly Baked Bread:**  
Pesto & Garlic (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 3: 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 3<sup>rd</sup> Mar, 24<sup>th</sup> Mar, 14<sup>th</sup> Apr, 5<sup>th</sup> May, 26<sup>th</sup> May, 16<sup>th</sup> Jun, 7<sup>th</sup> Jul, 28<sup>th</sup> Jul

## Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:  
Fresh Fruit, Yoghurt (SO,MK) or Jelly



## Made Fresh Every Day

All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

## Allergen Key:

**CAPITAL LETTERS = contains, lower case = may contain**  
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM2HalaNonChurchfields  
Jan 2025

All products are subject to availability

**pabulummm**  
HONESTLY GOOD FOOD