

# Let's see what's for lunch...

Week 1

Week 2

Week 3

Monday	<b>Main Meals</b>	Lamb Bolognese with Spaghetti (G) Halal Lamb Bolognese with Spaghetti (G) 3 Veg Macaroni Cheese (G,MK) Pasta (G) with Tomato & Basil Sauce	<b>Served With</b> Broccoli & Peas	<b>Dessert</b> Chocolate & Sweet Potato Brownie (G,E)
	Tuesday	<b>Main Meals</b>	Chicken & Bean Chilli with Steamed Rice Halal Chicken & Bean Chilli with Steamed Rice Vegan Bean Chilli (SO) with Steamed Rice Jacket Potato with Baked Beans	<b>Served With</b> Sweetcorn & Baked Beans
Wednesday		<b>Main Meals</b>	Herby Roast Chicken Fillets with Gravy Halal Herby Roast Chicken Fillets with Gravy Vegan Roasted Vegetable & Bean Pasta Bake (G) Pasta (G) with Tomato & Basil Sauce	<b>Served With</b> Roast Potatoes, Seasonal Greens & Carrots
	Thursday	<b>Main Meals</b>	Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta (G) Halal Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta (G) Vegetable Chow Mein (G,E,SO) Jacket Potato with Cheddar Cheese (MK)	<b>Served With</b> Cauliflower & Roasted Carrots
Friday		<b>Main Meals</b>	Fish Fingers (G,F), Chips & Ketchup Vegan Vegetable Fingers, Chips & Ketchup Pasta (G) with Tomato & Basil Sauce	<b>Served With</b> Baked Beans & Peas

Monday	<b>Main Meals</b>	BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges Halal BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges Margherita Pizza (G,SO,MK,e) with Baked Wedges Jacket Potato with Baked Beans	<b>Served With</b> Cauliflower & Green Beans	<b>Dessert</b> Maryland Cookie (G,mk)
	Tuesday	<b>Main Meals</b>	Lamb Lasagne (G,MK,e) Halal Lamb Lasagne (G,MK,e) Vegan Sweet Chilli Stir Fry, Mushroom & Vegetables (G,SO) with Steamed Rice Pasta (G) with Squash & Tomato Sauce	<b>Served With</b> Carrots & Peas
Wednesday		<b>Main Meals</b>	Roast Turkey with Gravy Halal Roast Turkey with Gravy Vegan Bombay Chickpea Burrito (G) Pasta (G) with Squash & Tomato Sauce	<b>Served With</b> Roast Potatoes, Seasonal Greens & Carrots
	Thursday	<b>Main Meals</b>	Mild Chicken & Vegetable Curry with Steamed Rice Halal Mild Chicken & Vegetable Curry with Steamed Rice Vegan Mexican Bean & Vegetable Savoury Rice Jacket Potato with Cheddar Cheese (MK)	<b>Served With</b> Broccoli & Sweetcorn
Friday		<b>Main Meals</b>	Fish Fingers (G,F), Chips & Ketchup Vegan Meatballs in Roasted Tomato & Basil Sauce (G,SO) with Spaghetti (G) Pasta (G) with Squash & Tomato Sauce	<b>Served With</b> Baked Beans & Peas

Monday	<b>Main Meals</b>	BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges Halal BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges Margherita Pizza (G,SO,MK,e) with Baked Wedges Pasta (G) with Tomato & Vegetable Sauce	<b>Served With</b> Classic Coleslaw (E) & Sweetcorn	<b>Dessert</b> Cinnamon Apple Crumble (G) with Custard (MK)
	Tuesday	<b>Main Meals</b>	Chicken Biryani (g) with Vegetable Dhal (g) Halal Chicken Biryani (g) with Vegetable Dhal (g) Vegan Vegetable Biryani Jacket Potato with Baked Beans	<b>Served With</b> Broccoli & Cauliflower
Wednesday		<b>Main Meals</b>	Lemon & Thyme Roast Chicken with Gravy Halal Lemon & Thyme Roast Chicken with Gravy Vegan Bolognese (SO,g) with Spaghetti (G) Pasta (G) with Tomato & Vegetable Sauce	<b>Served With</b> Roast Potatoes, Seasonal Greens & Carrots
	Thursday	<b>Main Meals</b>	Turkey & Vegetable Ragù with Penne Pasta (G) Halal Turkey & Vegetable Ragù with Penne Pasta (G) Vegan Tomato & Mixed Bean Sauce with Penne Pasta (G) Jacket Potato with Salmon Mayonnaise (F,E) or Baked Beans	<b>Served With</b> Cauliflower & Roasted Carrots
Friday		<b>Main Meals</b>	Fish Fingers (G,F), Chips & Ketchup Mexican Roasted Vegetable & Bean Quesadilla (G) Wholewheat Pasta (G) with Tomato & Vegetable Sauce	<b>Served With</b> Baked Beans & Peas

**Freshly Baked Bread:**  
Tomato & Rosemary (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

**Freshly Baked Bread:**  
Beetroot & Herb (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

**Freshly Baked Bread:**  
Pesto & Garlic (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 1: 2nd Jun, 23rd Jun, 14th Jul, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Week 2: 9th Jun, 30th Jun, 21st Jul, 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec

Week 3: 16th Jun, 7th Jul, 28th Jul, 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec

## Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

**Available Every Day:**  
Fresh Fruit, Yoghurt (SO,MK) or Jelly

## Made Fresh Every Day

All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

## Allergen Key:

**CAPITAL LETTERS = contains, lower case = may contain**  
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM3HalaNonJamesElliman  
June 2025

All products are subject to availability

**pabulummm**  
HONESTLY GOOD FOOD