



DESIGN A BRITISH MEAL FOR PABULUM BRITISH FOOD FESTIVAL

MY DISH



NAME

SCHOOL

AGE





ABOUT YOUR DISH

1. Please choose a meal that you enjoy eating.
2. Your meal should be balanced and feature all of the food groups, especially vegetables or fruit if your dish is a dessert.
3. Write a brief description of why you have chosen this particular dish, for example, it might be your family's favourite evening meal or a dish you have made with a family member in the past.
4. Tell us where you purchased the ingredients from and if you followed a recipe, where did you find it?
5. Tell us how your meal tasted and why you enjoyed eating it.
6. Please take pictures of your meal and if possible, some pictures of you when you were making it - we would love to see them.

RULES

1. Please email all entries and pictures to our email address: welovebritishfood@pabulum-catering.co.uk Unfortunately we will be unable to accept any entries received after 1st September 2021.
2. Our judges decision will be final and the winner will be announced on 10th September 2021.
3. There will be one winner and two runners up from all entries across our Pabulum business.
4. This competition is open to pupils who are under the age of 12 years old on 1st September 2021.



**GOOD LUCK!
WE ARE LOOKING
FORWARD TO RECEIVING
YOUR ENTRIES.**