



MONDAY

MAIN MEAL	BBQ Chicken Pizza
VEGGIE MEAL	Margherita Pizza
SIDES	Baked Wedges, Baked Beans & Mixed Salad
JACKET POTATO	Baked Beans & Cheese
DESSERT	Apple & Carrot Flapjack

TUESDAY

MAIN MEAL	Baked Sausage
VEGGIE MEAL	Vegan Sausage
SIDES	Mashed Potatoes, Gravy & Peas
JACKET POTATO	Baked Beans & Cheese
DESSERT	Coconut & Vanilla Sponge

WEDNESDAY

MAIN MEAL	Lemon & Thyme Roasted Chicken
VEGGIE MEAL	Cauliflower Cheese
SIDES	Roast Potatoes, Gravy, Carrots & Green Beans
JACKET POTATO	Baked Beans & Cheese
DESSERT	Apple Crumble with Custard

THURSDAY

MAIN MEAL	Chicken Tikka Masala
VEGGIE MEAL	Vegan Saag Aloo
SIDES	Pilaf Rice, Broccoli & Garlic & Coriander Naan
JACKET POTATO	Baked Beans & Cheese
DESSERT	Chocolate & Pear Sponge

FRIDAY

MAIN MEAL	Battered Fish
VEGGIE MEAL	Quorn Vegan Nuggets
SIDES	Chips, Peas & Baked Beans
JACKET POTATO	Baked Beans & Cheese
DESSERT	Berry Topped Yoghurt

WEEK 1: 1ST SEPT, 22ND SEPT, 13TH OCT, 3RD NOV, 24TH NOV, 15TH DEC



MONDAY

MAIN MEAL	Bacon & Mushroom Carbonara
VEGGIE MEAL	Macaroni Cheese
SIDES	Penne Pasta , Garlic Bread , Broccoli & Mixed Salad
JACKET POTATO	Baked Beans & Cheese
DESSERT	Banana Flapjack



TUESDAY

MAIN MEAL	Traditional Beef Lasagne
VEGGIE MEAL	Vegetable Lasagne
SIDES	Garlic Bread, Sweetcorn & Mixed Salad
JACKET POTATO	Baked Beans & Cheese
DESSERT	Cherry Sponge

WEDNESDAY

MAIN MEAL	Honey Roasted Gammon
VEGGIE MEAL	Roasted Cherry Tomato, Egg & Broccoli Tart
SIDES	Roast Potatoes, Roast Parsnips & Seasonal Greens
JACKET POTATO	Baked Beans & Cheese
DESSERT	Rhubarb & Apple Crumble with Custard

THURSDAY

MAIN MEAL	Cottage Pie
VEGGIE MEAL	Vegetarian Cottage Pie
SIDES	Carrots, Peas & Gravy
JACKET POTATO	Baked Beans & Cheese
DESSERT	Lemon Drizzle Sponge

FRIDAY

MAIN MEAL	Beef Burger
VEGGIE MEAL	Vegetable Burger
SIDES	Chips, Peas & Baked Beans
JACKET POTATO	Baked Beans & Cheese
DESSERT	Berry Topped Yoghurt

WEEK 2: 8TH SEPT, 29TH SEPT, 20TH OCT, 10TH NOV, 1ST DEC, 22ND DEC



MONDAY

MAIN MEAL	Pepperoni Pizza
VEGGIE MEAL	Margherita Pizza
SIDES	Baked Wedges, Baked Beans & Mixed Salad
JACKET POTATO	Baked Beans & Cheese
DESSERT	Flapjack

TUESDAY

MAIN MEAL	Beef Bolognese
VEGGIE MEAL	Vegan Bolognese
SIDES	Spaghetti, Sweetcorn, Garlic Bread & Mixed Salad
JACKET POTATO	Baked Beans & Cheese
DESSERT	Apple & Parsnip Cake

WEDNESDAY

MAIN MEAL	Lemon & Thyme Roasted Chicken
VEGGIE MEAL	Vegan Squash, Sweet Potato & Bean Hot Pot
SIDES	Roast Potatoes, Carrots & Seasonal Greens
JACKET POTATO	Baked Beans & Cheese
DESSERT	Apple & Sultana Crumble with Custard

THURSDAY

MAIN MEAL	Chicken & Vegetable Chow Mein
VEGGIE MEAL	Mushroom & Vegetable Chow Mein
SIDES	Sweetcorn & Vegetable Spring Rolls
JACKET POTATO	Baked Beans & Cheese
DESSERT	Carrot Cake

FRIDAY

MAIN MEAL	Battered Fish
VEGGIE MEAL	Vegan Vegetable Fingers
SIDES	Chips, Peas & Baked Beans
JACKET POTATO	Baked Beans & Cheese
DESSERT	Berry Topped Yoghurt

WEEK 3: 15TH SEPT, 6TH OCT, 27TH OCT, 17TH NOV, 8TH DEC, 29TH DEC