

Let's see what's for lunch...

Week 1

Monday	Main Meals	Beef Bolognese with Spaghetti (G) Spanish Omelette (E) Baked Jackets with Grated Cheese (MK)	Served with	Peas & Broccoli	Dessert	Maryland Cookie (G,mk)	
	Tuesday	Main Meals	BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges Vegan Lentil & Vegetable Curry (g) with Steamed Rice Pasta (G) & Tomato Sauce	Served with	Carrots & Sweetcorn	Dessert	Apple Crumble (G) with Custard (MK)
		Wednesday	Main Meals	Roast Chicken with Roast Potatoes & Gravy Squash & Lentil Lasagne (G,MK,e) Baked Jackets with Baked Beans	Served with	Seasonal Greens & Cauliflower	Dessert
Thursday			Main Meals	Macaroni & Cheese Bolognese Bake (G,MK,C) Vegan Caribbean Vegetable Curry (g) with Wraps (G) Pasta (G) & Tomato Sauce	Served with	Broccoli & Carrots	Dessert
	Friday		Main Meals	Breaded Fish Fingers (G,F) with Chips & Ketchup Vegan Goujons with Chips & Ketchup Baked Jackets with Grated Cheese (MK)	Served with	Peas & Baked Beans	Dessert

Freshly Baked Bread:

Carrot & Beetroot (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 1: 27th May, 17th June, 8th July, 2nd Sept, 23rd Sept, 14th Oct, 4th Nov, 25th Nov, 16th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt (SO,MK) or Jelly

Week 2

Monday	Main Meals	Sweet & Sour Chicken (G,C) with Steamed Rice Margherita Pizza (G,SO,MK,e) with Baked Wedges Pasta (G) & Tomato Sauce	Served with	Sweetcorn & Baked Beans	Dessert	Chocolate Rice Krispie Cake (G)	
	Tuesday	Main Meals	Chicken & Beef Sausage with Mashed Potato & Gravy Vegan Burrito (G,SO) Baked Jackets with Grated Cheese (MK)	Served with	Carrots & Broccoli	Dessert	Mandarin Jelly
		Wednesday	Main Meals	Roast Turkey with Roast Potatoes & Gravy Sweet Chilli Stir-fry Mushroom & Vegetable Noodles (G,E,SO) Wholewheat Pasta (G) & Tomato Sauce	Served with	Seasonal Greens & Peas	Dessert
Thursday			Main Meals	Beef Keema with Turmeric Rice Vegan Layered Vegetable & Sweet Potato Bake Baked Jackets with Baked Beans or Salmon Mayonnaise (F,E)	Served with	Carrots & Sweetcorn	Dessert
	Friday		Main Meals	Breaded Fish Fingers (G,F) with Chips & Ketchup Vegan Fajita Wrap (G) with Chips & Ketchup Pasta (G) & Tomato Sauce	Served with	Peas & Baked Beans	Dessert

Freshly Baked Bread:

Garlic & Herb (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 2: 3rd June, 24th June, 15th July, 9th Sept, 30th Sept, 21st Oct, 11th Nov, 2nd Dec

Week 3

All meat on this menu is Halal

Monday	Main Meals	Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne (G) Vegan Sweet & Sour Vegetables (G,SO) with Steamed Rice Baked Jackets with Grated Cheese (MK)	Served with	Carrots & Broccoli	Dessert	Orange Shortbread Biscuit (G)	
	Tuesday	Main Meals	BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges Cheese, Onion & Potato Turnover (G,MK) Pasta (G) & Tomato Sauce	Served with	Sweetcorn & Coleslaw (E)	Dessert	Carrot Cake (G,E)
		Wednesday	Main Meals	Herby Roast Chicken with Roast Potatoes & Gravy 3 Vegetable Mac n' Cheese (G,MK) Baked Jackets with Baked Beans	Served with	Seasonal Greens & Broccoli	Dessert
Thursday			Main Meals	Traditional Beef Lasagne (G,MK,e) Vegan Chickpea & Spinach Korma with Steamed Rice Pasta (G) & Tomato Sauce	Served with	Cauliflower & Carrots	Dessert
	Friday		Main Meals	Breaded Fish Fingers (G,F) with Chips & Ketchup Vegan Bubble & Squeak with Chips & Ketchup Baked Jackets with Grated Cheese (MK)	Served with	Peas & Baked Beans	Dessert

Freshly Baked Bread:

Courgette & Tomato (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 3: 10th June, 1st July, 22nd July, 16th Sept, 7th Oct, 28th Oct, 18th Nov, 9th Dec

Allergen Key -
CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM2 Fulbridge Juniors
May 2024

All products are subject to availability

pabulummm
HONESTLY GOOD FOOD

