

Let's see what's for lunch...

All meat on this menu is Halal



Monday

Main Meals	Vegetables
Chicken & Beef Sausage with Mash & Onion Gravy	Sweetcorn & Peas Ve
Tex Mex Vegetarian Sausage Hot Pot (G) Ve	Dessert
Pasta (G) with Cheese Sauce (G,MK) V	Vanilla Ice Cream (MK) with Fruit Compote V

Tuesday

Main Meals	Vegetables
Mild Chicken & Vegetable Curry (MU) with Steamed Rice	Cauliflower & Green Beans Ve
Sweet & Sour Vegetables (G,C) with Steamed Rice Ve	Dessert
Jacket Potato with Baked Beans Ve	Fruit Burst Jelly Ve

Wednesday

Main Meals	Vegetables
Roast Chicken with Roast Potatoes & Gravy	Seasonal Greens & Carrots Ve
BBQ Roast Sweet Potato & Bean Loaf (g) with Roast Potatoes & Gravy Ve	Dessert
Wholegrain Pasta (G) with Tomato Sauce (C) Ve	Lemon Drizzle Cake (G,E) V

Thursday

Main Meals	Vegetables
Beef Bolognese (C) with Spaghetti (G)	Broccoli & Sweetcorn Ve
Homemade Vegan Burger (g) in a Bun (G,se) Ve	Dessert
Jacket Potato with Cheese (MK) V	Chocolate & Beetroot Brownie (G,E) V

Friday

Main Meals	Vegetables
Fish Fingers (G,F) with Oven Baked Chips	Peas & Baked Beans Ve
Vegetable Burrito Wrap (G,SO) Ve	Dessert
Pasta (G) with Tomato Sauce (C) Ve	Maryland Cookie (G,mk) V

Freshly Baked Bread:	Sandwiches:
Garlic & Herb Bread (G,SO,MK,e) V	Tuna (G,F,E,SO) or Cheese Sandwich (G,SO,MK) V with Crudites and Houmous Dip (SU) Ve
Wholemeal Bread (G,SO,MK,e) V	

Week 1: 1st September, 19th September, 10th October, 31st October, 21st November, 12th December

Monday

Main Meals	Vegetables
BBQ Chicken Pizza (G,MK)	Sweetcorn Ve & Coleslaw (E) V
Pesto & Pea Pasta (G,MK) V	Dessert
Jacket Potato with Tuna Mayonnaise (F,E)	Chocolate & Courgette Sponge (G,E) with Chocolate Sauce (MK) V

Tuesday

Main Meals	Vegetables
Turkey & Vegetable Pie Topped with Puff Pastry (G,MK)	Cauliflower & Peas Ve
Thai Vegetable Green Curry (C) with Steamed Rice Ve	Dessert
Wholegrain Pasta (G) with Tomato Sauce (C) Ve	Oat & Cherry Cookie (G,SU) Ve

Wednesday

Main Meals	Vegetables
Roast Chicken with Roast Potatoes & Gravy	Seasonal Greens & Carrots Ve
Cauliflower & Cheese Bake (G,MK) with Roast Potatoes & Gravy V	Dessert
Pasta (G) with Tomato & Basil Sauce (g) Ve	Banana Flapjack (G) Ve

Thursday

Main Meals	Vegetables
Beef & Bean Chilli (C,g) with Rice	Broccoli & Sweetcorn Ve
Vegan Chilli Con Carne (SO,C,g) with Rice Ve	Dessert
Jacket Potato with Baked Beans Ve	Apple & Parsnip Sponge (G,E) V

Friday

Main Meals	Vegetables
Battered Fish (G,F) with Oven Baked Chips	Baked Beans & Peas Ve
Vegetable Goujon with Oven Baked Chips Ve	Dessert
Pasta (G) with Roasted Tomato Sauce Ve	Vanilla Ice Cream (MK) with Peach Compote V

Freshly Baked Bread:	Sandwiches:
Carrot & Thyme Bread (G,SO,MK,e) V	Tuna (G,F,E,SO) or Cheese Sandwich (G,SO,MK) V with Crudites and Houmous Dip (SU) Ve
Wholemeal Bread (G,SO,MK,e) V	

Week 2: 5th September, 26th September, 17th October, 7th November, 28th November

Monday

Main Meals	Vegetables
Cottage Pie topped with Sliced Sweet Potato (SU)	Peas & Carrots Ve
Macaroni & Cheese (G,MK) V	Dessert
Jacket Potato with Baked Beans Ve	Sticky Banana Bread (G,SO,MK,e) V

Tuesday

Main Meals	Vegetables
Chicken & Sweetcorn Meatballs with Tomato Sauce (g) & Pasta (G)	Cauliflower & Broccoli Ve
Vegetable Jambalaya (g) Ve	Dessert
Jacket Potato with Salmon Mayonnaise (F,E)	Chocolate Shortbread (G) Ve

Wednesday

Main Meals	Vegetables
Thyme Roast Chicken Breast with Roast Potatoes & Gravy	Seasonal Greens & Mashed Swede Ve
Roasted Ratatouille with Crumble (G) Ve	Dessert
Wholegrain Pasta (G) with Cheese Sauce (G,MK) V	Mandarin Jelly Ve

Thursday

Main Meals	Vegetables
Beef Burger in a Bun (G,se)	Sweetcorn Ve & Coleslaw (E) V
Vegan Bolognese (SO,g) with Spaghetti (G) Ve	Dessert
Jacket Potato with Baked Beans Ve	Jammy Bread & Butter Pudding (G,E,SO,MK,SU) with Custard (MK) V

Friday

Main Meals	Vegetables
Fish Fingers (G,F) with Oven Baked Chips	Baked Beans & Peas Ve
BBQ Vegetable Quesidillas (G,MK) V	Dessert
Pasta (G) with Tomato Sauce (C) Ve	Chocolate Mousse (MK) V

Freshly Baked Bread:	Sandwiches:
Tomato & Herb Bread (G,SO,MK,e) V	Tuna (G,F,E,SO) or Cheese Sandwich (G,SO,MK) V with Crudites and Houmous Dip (SU) Ve
Wholemeal Bread (G,SO,MK,e) V	

Week 3: 12th September, 3rd October, 24th October, 14th November, 5th December

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Allergen Key - CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

Pabulum Salad Bar
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2 Fulbridge

September 2022

Available Every Day
Fresh Fruit Platter **Ve**
Homemade Fruit Yoghurt (SO,MK) **V**



All products are subject to availability.