

Let's see what's for lunch...

Week 1

Monday	Main Meals	Ham & Pineapple Pizza (G,SO,MK,e) with Baked Jacket Wedges	Vegetables	Sweetcorn Ve
		Margherita Pizza (G,SO,MK,e) with Baked Jacket Wedges V	Dessert	Chocolate Rice Krispie Cake (G) V
		Jacket Potato with Baked Beans Ve		
Tuesday	Main Meals	Beef Bolognese (C) with Spaghetti (G)	Vegetables	Peas Ve
		Vegan Bolognese (SO,g) with Spaghetti (G) Ve	Dessert	Fresh Fruit Ve or Yoghurt (SO,MK) V
		Jacket Potato with Cheese (MK) V		
Wednesday	Main Meals	Roast Chicken with Roast Potatoes & Gravy	Vegetables	Seasonal Greens Ve
		Macaroni & Cheese (G,MK) V	Dessert	Vanilla Ice Cream (MK) V
		Jacket Potato with Salmon Mayonnaise (E,F)		
Thursday	Main Meals	Chicken Fajita Wrap (G)	Vegetables	Steamed Carrots Ve
		Vegetable & Bean Burrito (G,SO) Ve	Dessert	Fresh Fruit Ve or Yoghurt (SO,MK) V
		Pasta (G) with Roasted Tomato & Basil Sauce Ve		
Friday	Main Meals	Breaded Fish Fingers (G,F)	Vegetables	Chips & Baked Beans Ve
		Vegetable & Bean Chimichangas (G,MK,C) V	Dessert	Chocolate & Courgette Sponge (G,E) V
		Pasta (G) with Cheese Sauce (G,MK) V		
Freshly Baked Bread: Pesto Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V				

Week 1: 1st January, 22nd January, 12th February, 4th March, 25th March, 15th April, 6th May

Week 2

Monday	Main Meals	Beef Burger in a Bun (G,se) with Baked Jacket Wedges	Vegetables	Carrot Sticks Ve
		Vegetable Burger in a Bun (G,se) with Baked Jacket Wedges Ve	Dessert	Lemon Drizzle Sponge (G,E) V
		Wholewheat Pasta (G) with Arrabiatta Sauce (SU,g) Ve		
Tuesday	Main Meals	Beef Lasagne (G,MK,e)	Vegetables	Sweetcorn Ve
		Vegetable Fajita Wrap (G,SO) Ve	Dessert	Fresh Fruit Ve or Yoghurt (SO,MK) V
		Jacket Potato with Cheese (MK) V		
Wednesday	Main Meals	Honey Roast Gammon with Roast Potatoes & Gravy	Vegetables	Pan Fried Leeks Ve
		Ratatouille Pasta Bake (G) Ve	Dessert	Orange Shortbread Biscuit (G) Ve
		Jacket Potato with Baked Beans Ve		
Thursday	Main Meals	Chicken Tikka Masala (MU) & Rice	Vegetables	Broccoli Ve
		Vegetable Pasanda (MU) with Rice Ve	Dessert	Fresh Fruit Ve or Yoghurt (SO,MK) V
		Pasta (G) with Tomato & Vegetable Sauce (g) Ve		
Friday	Main Meals	Breaded Fish Fingers (G,F)	Vegetables	Chips & Baked Beans Ve
		Spiced Squash & Spinach Samosa (G) Ve	Dessert	Apple & Parsnip Cake (G,E) V
		Pasta (G) with Cheese Sauce (G,MK) V		
Freshly Baked Bread: Tomato & Herb Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V				

Week 2: 8th January, 29th January, 19th February, 11th March, 1st April, 22nd April, 13th May

Week 3

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Monday	Main Meals	Cumberland Sausages (G,SU) with Mashed Potato & Gravy	Vegetables	Peas Ve
		Vegan Sausages (G) with Mashed Potato & Gravy Ve	Dessert	Apple & Carrot Flapjack (G) Ve
		Pasta (G) with Cheese Sauce (G,MK) V		
Tuesday	Main Meals	Beef Chilli (C,g) with Steamed Rice	Vegetables	Steamed Carrots Ve
		Vegetable Chilli (SO,C,g) with Steamed Rice Ve	Dessert	Fresh Fruit Ve or Yoghurt (SO,MK) V
		Jacket Potato with Cheese (MK) V		
Wednesday	Main Meals	Sticky Glazed Chicken	Vegetables	Spicy Potato Wedges Ve & Coleslaw (E) V
		Margherita Pizza (G,SO,MK,e) V	Dessert	Cherry Cornflake Cake (G,SU) V
		Pasta (G) with Tomato & Basil Sauce (g) Ve		
Thursday	Main Meals	Creamy Pesto Chicken (G,MK) with Fusilli Pasta (G)	Vegetables	Pan Fried Leeks Ve
		Vegetable Pasta Bake (G,MK,C) V	Dessert	Fresh Fruit Ve or Yoghurt (SO,MK) V
		Jacket Potato with Baked Beans Ve		
Friday	Main Meals	Breaded Fish Fingers (G,F)	Vegetables	Chips & Baked Beans Ve
		Vegetable & Bean Stuffed Pitta Pocket (G) Ve	Dessert	Chocolate Shortbread Biscuit (G) Ve
		Pasta (G) with Tomato & Lentil Sauce (C,g) Ve		
Freshly Baked Bread: Garlic & Rosemary Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V				

Week 3: 15th January, 5th February, 26th February, 18th March, 8th April, 29th April, 20th May

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.



Allergen Key -
CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM1 Morley Memorial
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All products are subject
to availability