

Let's see what's for lunch...

Week 1

Monday

Main Meals

Beef Bolognaise with Spaghetti (G)
Halal Beef Bolognaise with Spaghetti (G)
Vegan Bolognaise (SO,g) with Spaghetti (G)
Baked Jackets with Grated Cheese (MK) or Baked Beans

Served With

Peas & Broccoli

Dessert

Maryland Cookie (G,mk)

Tuesday

Main Meals

BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges
Halal BBQ Chicken Pizza (G,SO,MK,e) with Baked Wedges
Margherita Pizza (G,SO,MK,e) with Baked Wedges
Pasta (G) & Tomato Sauce

Served With

Carrots & Sweetcorn

Dessert

Apple Crumble (G) with Custard (MK)

Wednesday

Main Meals

Roast Chicken with Roast Potatoes & Gravy
Halal Roast Chicken with Roast Potatoes & Gravy
Squash & Lentil Lasagne (G,MK,e)
Baked Jackets with Grated Cheese (MK) or Baked Beans

Served With

Seasonal Greens & Cauliflower

Dessert

Cherry Cornflake Cake (G,SU)

Thursday

Main Meals

Chilli Con Carne with Steamed Rice
Halal Chilli Con Carne with Steamed Rice
Vegan Bean Chilli (SO) with Steamed Rice
Pasta (G) & Tomato Sauce

Served With

Broccoli & Carrots

Dessert

Chocolate & Pear Sponge (G,E)

Friday

Main Meals

Breaded Fish Fingers (G,F) with Chips & Ketchup
Vegan Goujons with Chips & Ketchup
Baked Jackets with Grated Cheese (MK) or Baked Beans

Served With

Peas & Baked Beans

Dessert

Banana Flapjack (G)

Freshly Baked Bread:

Carrot & Beetroot (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 1: 1st January, 22nd January, 12th February, 4th March, 25th March, 15th April, 6th May

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt (SO,MK) or Jelly

Week 2

Monday

Main Meals

Chicken & Beef Sausage with Mashed Potato & Gravy
Halal Chicken & Beef Sausage with Mashed Potato & Gravy
Vegan Sausage (SO) with Mashed Potato & Gravy
Pasta (G) & Tomato Sauce

Served With

Sweetcorn & Baked Beans

Dessert

Chocolate Rice Krispie Cake (G)

Tuesday

Main Meals

Chicken & Sweetcorn Pasta (G,MK)
Halal Chicken & Sweetcorn Pasta (G,MK)
Vegan Tomato & Mixed Bean Sauce with Fusilli (G)
Baked Jackets with Grated Cheese (MK) or Baked Beans

Served With

Carrots & Broccoli

Dessert

Mandarin Jelly

Wednesday

Main Meals

Roast Turkey with Roast Potatoes & Gravy
Halal Roast Turkey with Roast Potatoes & Gravy
Sweet Chilli Stir-fry Mushroom & Vegetable Noodles (G,E,SO)
Wholewheat Pasta (G) & Tomato Sauce

Served With

Seasonal Greens & Peas

Dessert

Vanilla Ice Cream (MK)

Thursday

Main Meals

Beef Keema with Turmeric Rice
Halal Beef Keema with Turmeric Rice
Vegan Layered Vegetable & Sweet Potato Bake
Baked Jackets with Baked Beans or Salmon Mayonnaise (F,E)

Served With

Carrots & Sweetcorn

Dessert

Apple & Carrot Flapjack (G)

Friday

Main Meals

Breaded Fish Fingers (G,F) with Chips & Ketchup
Vegan Fajita Wrap (G) with Chips & Ketchup
Pasta (G) & Tomato Sauce

Served With

Peas & Baked Beans

Dessert

Lemon Drizzle Sponge (G,E)

Freshly Baked Bread:

Garlic & Herb (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 2: 8th January, 29th January, 19th February, 11th March, 1st April, 22nd April, 13th May

Made Fresh Every Day

All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

Week 3

Monday

Main Meals

Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne (G)
Halal Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne (G)
Vegan Roasted Ratatouille with Penne (G)
Baked Jackets with Grated Cheese (MK) or Baked Beans

Served With

Carrots & Broccoli

Dessert

Orange Shortbread Biscuit (G)

Tuesday

Main Meals

Mild Chicken & Vegetable Curry with Steamed Rice
Halal Mild Chicken & Vegetable Curry with Steamed Rice
Vegan Burrito (G,SO)
Pasta (G) & Tomato Sauce

Served With

Sweetcorn & Coleslaw (E)

Dessert

Carrot Cake (G,E)

Wednesday

Main Meals

Herby Roast Chicken with Roast Potatoes & Gravy
Halal Herby Roast Chicken with Roast Potatoes & Gravy
3 Vegetable Mac n' Cheese (G,MK)
Baked Jackets with Grated Cheese (MK) or Baked Beans

Served With

Seasonal Greens & Broccoli

Dessert

Chocolate & Beetroot Brownie (G,E)

Thursday

Main Meals

Traditional Beef Lasagne (G,MK,e)
Halal Traditional Beef Lasagne (G,MK,e)
Vegan Chickpea & Spinach Korma with Steamed Rice
Pasta (G) & Tomato Sauce

Served With

Cauliflower & Carrots

Dessert

Vanilla Ice Cream (MK)

Friday

Main Meals

Breaded Fish Fingers (G,F) with Chips & Ketchup
Vegan Bubble & Squeak with Chips & Ketchup
Baked Jackets with Grated Cheese (MK) or Baked Beans

Served With

Peas & Baked Beans

Dessert

Apple & Parsnip Cake (G,E)

Freshly Baked Bread:

Courgette & Tomato (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 3: 15th January, 5th February, 26th February, 18th March, 8th April, 29th April, 20th May

Allergen Key:

CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM2 HalalNonMontem
Jan 2024

All products are subject to availability

pabulummm
HONESTLY GOOD FOOD