

Let's see what's for lunch...

Week 1

Monday

Main Meals

Lamb Bolognaise with Pasta

3 Veg Macaroni Cheese

Pasta with Tomato & Basil Sauce

Served With

Peas & Carrots

Dessert

Chocolate & Sweet Potato Brownie

Tuesday

Main Meals

Chicken & Bean Chilli with Steamed Rice

Vegan Bean Chilli with Steamed Rice

Jacket Potato with Cheddar Cheese

Served With

Sweetcorn & Broccoli

Dessert

Courgette & Oat Cookie

Wednesday

Main Meals

Herby Roast Chicken Fillets with Gravy

Vegan Squash, Sweet Potato & Bean Hot Pot

Pasta with Tomato & Basil Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Vanilla Ice Cream

Thursday

Main Meals

Turkey & Vegetable Ragu with Penne Pasta

Vegetable Chow Mein

Jacket Potato with Cheddar Cheese

Served With

Cauliflower & Roasted Carrots

Dessert

Apple & Parsnip Sponge

Friday

Main Meals

Fish Fingers, Chips & Ketchup

Vegan Vegetable Fingers, Chips & Ketchup

Pasta with Tomato & Basil Sauce

Served With

Peas & Carrots

Dessert

Fruit Jelly

Freshly Baked Bread:

Tomato & Rosemary Bread or Wholemeal Bread

Week 1: 2nd Jun, 23rd Jun, 14th Jul, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Week 2

Monday

Main Meals

Chicken & Vegetable Penne Pasta Bake

Vegan Bolognaise with Pasta

Jacket Potato with Cheddar Cheese

Served With

Cauliflower & Green Beans

Dessert

Maryland Cookie

Tuesday

Main Meals

Caribbean Turkey & Sweet Potato Curry with Steamed Rice

Vegan Spiced Squash & Potato Samosa

Pasta with Squash & Tomato Sauce

Served With

Carrots & Peas

Dessert

Carrot & Apple Flapjack

Wednesday

Main Meals

Roast Turkey with Gravy

Vegan Bombay Chickpea Burrito

Pasta with Squash & Tomato Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Banana & Cinnamon Sponge

Thursday

Main Meals

Mild Chicken & Vegetable Curry with Steamed Rice

Vegan Mexican Bean & Vegetable Savoury Rice

Jacket Potato with Cheddar Cheese

Served With

Broccoli & Sweetcorn

Dessert

Cherry Shortbread

Friday

Main Meals

Fish Fingers, Chips & Ketchup

Vegan Vegetable Fingers, Chips & Ketchup

Pasta with Squash & Tomato Sauce

Served With

Peas & Carrots

Dessert

Vanilla Ice Cream

Freshly Baked Bread:

Beetroot & Herb or Wholemeal Bread

Week 2: 9th Jun, 30th Jun, 21st Jul, 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec

Week 3

Monday

Main Meals

BBQ Chicken Pizza with Baked Wedges

Margherita Pizza with Baked Wedges

Pasta with Tomato & Vegetable Sauce

Served With

Classic Coleslaw & Sweetcorn

Dessert

Cinnamon Apple Crumble with Custard

Tuesday

Main Meals

Sweet & Sour Turkey with Steamed Rice

Vegan Aubergine & Courgette Tagine with Cous Cous

Jacket Potato with Cheddar Cheese

Served With

Broccoli & Cauliflower

Dessert

Sultana & Oat Cookie

Wednesday

Main Meals

Lemon & Thyme Roast Chicken with Gravy

Vegan Country Vegetable & Bean Pie

Pasta with Tomato & Vegetable Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Fruit Jelly

Thursday

Main Meals

Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta

Vegan Tofu Sweet & Sour Vegetables with Steamed Rice

Jacket Potato with Salmon Mayonnaise

Served With

Cauliflower & Roasted Carrots

Dessert

Orange Drizzle Cake

Friday

Main Meals

Fish Fingers, Chips & Ketchup

Mexican Roasted Vegetable & Bean Quesadilla

Wholewheat Pasta with Tomato & Vegetable Sauce

Served With

Peas & Carrots

Dessert

Chocolate & Courgette Rice Krispie Cake

Freshly Baked Bread:

Pesto & Garlic Bread or Wholemeal Bread

Week 3: 16th Jun, 7th Jul, 28th Jul, 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly



BM3CamroseWoodlands
June 2025

All products are subject
to availability

pabulummm
HONESTLY GOOD FOOD