

Let's see what's for lunch...

Week 1

Monday	Main Meals Lamb Bolognaise with Spaghetti Halal Lamb Bolognaise with Spaghetti 3 Veg Macaroni Cheese Pasta with Tomato & Basil Sauce	Served With Broccoli & Peas
		Dessert Chocolate & Sweet Potato Brownie
Tuesday	Main Meals Chicken & Bean Chilli with Steamed Rice Halal Chicken & Bean Chilli with Steamed Rice Vegan Bean Chilli with Steamed Rice Jacket Potato with Baked Beans	Served With Sweetcorn & Baked Beans
		Dessert Courgette & Oat Cookie
Wednesday	Main Meals Herby Roast Chicken Fillets with Gravy Halal Herby Roast Chicken Fillets with Gravy Vegan Squash, Sweet Potato & Bean Hot Pot Pasta with Tomato & Basil Sauce	Served With Roast Potatoes, Seasonal Greens & Carrots
		Dessert Vanilla Ice Cream
Thursday	Main Meals Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta Halal Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta Vegetable Chow Mein Jacket Potato with Cheddar Cheese	Served With Cauliflower & Roasted Carrots
		Dessert Apple & Parsnip Sponge
Friday	Main Meals Fish Fingers, Chips & Ketchup Vegan Vegetable Fingers, Chips & Ketchup Pasta with Tomato & Basil Sauce	Served With Baked Beans & Peas
		Dessert Fruit Jelly

Freshly Baked Bread:
Tomato & Rosemary or Wholemeal Bread

Week 1: 2nd Jun, 23rd Jun, 14th Jul, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly

Week 2

Monday	Main Meals Chicken & Vegetable Penne Pasta Bake Halal Chicken & Vegetable Penne Pasta Bake Vegan Bolognaise with Spaghetti Jacket Potato with Baked Beans	Served With Cauliflower & Green Beans
		Dessert Maryland Cookie
Tuesday	Main Meals Lamb Lasagne Halal Lamb Lasagne Vegan Aubergine & Courgette Tagine with Cous Cous Pasta with Squash & Tomato Sauce	Served With Carrots & Peas
		Dessert Carrot & Apple Flapjack
Wednesday	Main Meals Roast Turkey with Gravy Halal Roast Turkey with Gravy Vegan Bombay Chickpea Burrito Pasta with Squash & Tomato Sauce	Served With Roast Potatoes, Seasonal Greens & Carrots
		Dessert Banana & Cinnamon Sponge
Thursday	Main Meals Mild Chicken & Vegetable Curry with Steamed Rice Halal Mild Chicken & Vegetable Curry with Steamed Rice Vegan Mexican Bean & Vegetable Savoury Rice Jacket Potato with Cheddar Cheese	Served With Broccoli & Sweetcorn
		Dessert Cherry Shortbread
Friday	Main Meals Fish Fingers, Chips & Ketchup Vegan Boston BBQ 3 Bean Stew with Baked Jackets Pasta with Squash & Tomato Sauce	Served With Baked Beans & Peas
		Dessert Fruit Jelly

Freshly Baked Bread:
Beetroot & Herb or Wholemeal Bread

Week 2: 9th Jun, 30th Jun, 21st Jul, 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec

Week 3

Monday	Main Meals BBQ Chicken Pizza with Baked Wedges Halal BBQ Chicken Pizza with Baked Wedges Margherita Pizza with Baked Wedges Pasta with Tomato & Vegetable Sauce	Served With Classic Coleslaw & Sweetcorn
		Dessert Cinnamon Apple Crumble with Custard
Tuesday	Main Meals Chicken Biryani with Vegetable Dhal Halal Chicken Biryani with Vegetable Dhal Vegan Cauliflower & Sweet Potato Coconut Curry with Steamed Rice Jacket Potato with Baked Beans	Served With Broccoli & Cauliflower
		Dessert Sultana & Oat Cookie
Wednesday	Main Meals Lemon & Thyme Roast Chicken with Gravy Halal Lemon & Thyme Roast Chicken with Gravy Vegan Country Vegetable & Bean Pie Pasta with Tomato & Vegetable Sauce	Served With Roast Potatoes, Seasonal Greens & Carrots
		Dessert Vanilla Ice Cream
Thursday	Main Meals Turkey & Vegetable Ragu with Penne Pasta Halal Turkey & Vegetable Ragu with Penne Pasta Vegan Tofu Sweet & Sour Vegetables with Steamed Rice Jacket Potato with Salmon Mayonnaise or Baked Beans	Served With Cauliflower & Roasted Carrots
		Dessert Orange Drizzle Cake
Friday	Main Meals Fish Fingers, Chips & Ketchup Mexican Roasted Vegetable & Bean Quesadilla Wholewheat Pasta with Tomato & Vegetable Sauce	Served With Baked Beans & Peas
		Dessert Chocolate & Courgette Rice Krispie Cake

Freshly Baked Bread:
Pesto & Garlic or Wholemeal Bread

Week 3: 16th Jun, 7th Jul, 28th Jul, 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec



BM3HalaNonCranford
June 2025
All products are subject to availability

pabulummm
HONESTLY GOOD FOOD