



## MONDAY

<b>MAIN MEAL</b>	Korean Chicken Bulgogi
<b>VEGGIE MEAL</b>	Sweet & Sour Vegetables
<b>SIDES</b>	Boiled Rice, Green Beans & Carrots
<b>DESSERT</b>	Maryland Cookie



## TUESDAY

<b>MAIN MEAL</b>	Beef & Vegetable Pie With Gravy
<b>VEGGIE MEAL</b>	Vegetable Hot Pot
<b>SIDES</b>	Mashed Potato, Broccoli, Carrots
<b>DESSERT</b>	Apple Crumble with Custard

## WEDNESDAY

<b>MAIN MEAL</b>	Lemon & Thyme Roast Chicken with Gravy
<b>VEGGIE MEAL</b>	Cheese & Onion Tart
<b>SIDES</b>	Roasted Potatoes, Yorkshire Pudding & Seasonal Greens
<b>DESSERT</b>	Cherry Cornflake Cake

## THURSDAY

<b>MAIN MEAL</b>	Chilli Con Carne
<b>VEGGIE MEAL</b>	Chilli Sin Carne
<b>SIDES</b>	Arroz Verde, Sweetcorn & Coleslaw
<b>DESSERT</b>	Chocolate & Pear Sponge

## FRIDAY

<b>MAIN MEAL</b>	Spicy Beef Burrito
<b>VEGGIE MEAL</b>	Vegan Burger
<b>SIDES</b>	Chips & Baked Beans
<b>DESSERT</b>	Banana Flapjack

**JACKET & PASTA BAR AVAILABLE DAILY**

**WEEK 1: 2ND SEPT, 23RD SEPT, 14TH OCT, 4TH NOV, 25TH NOV, 16TH DEC**



## MONDAY

<b>MAIN MEAL</b>	Chicken Tikka Masala
<b>VEGGIE MEAL</b>	Gobi Dhal
<b>SIDES</b>	Boiled Rice, Garlic & Coriander Naan & Broccoli
<b>DESSERT</b>	Chocolate Rice Krispie Cake



## TUESDAY

<b>MAIN MEAL</b>	Sweet & Sour Chicken
<b>VEGGIE MEAL</b>	Mushroom Chow mien
<b>SIDES</b>	Boiled Rice, Broccoli & Cauliflower
<b>DESSERT</b>	Apple & Carrot Flapjack

## WEDNESDAY

<b>MAIN MEAL</b>	Roast Turkey & Herby Gravy
<b>VEGGIE MEAL</b>	Cauliflower Cheese
<b>SIDES</b>	Roasted Potatoes, Yorkshire Pudding & Seasonal Greens
<b>DESSERT</b>	Lemon Drizzle Sponge

## THURSDAY

<b>MAIN MEAL</b>	Pollo Al Pesto
<b>VEGGIE MEAL</b>	Napolitana
<b>SIDES</b>	Penne Pasta, Garlic Bread & Broccoli
<b>DESSERT</b>	Oat Cookie

## FRIDAY

<b>MAIN MEAL</b>	Roasted BBQ Chicken
<b>VEGGIE MEAL</b>	Vegetable Burrito
<b>SIDES</b>	Chips & Baked Beans
<b>DESSERT</b>	Chocolate & Beetroot Brownie

**JACKET & PASTA BAR AVAILABLE DAILY**  
WEEK 2: 9TH SEPT, 30TH SEPT, 21ST OCT, 11TH NOV, 2ND DEC



## MONDAY

MAIN MEAL	Roast Char Siu Chicken
VEGGIE MEAL	Sweet & Sour Vegetables
SIDES	Boiled Rice, Spring Rolls & Pan Fried Cabbage
DESSERT	Orange Shortbread Biscuit



## TUESDAY

MAIN MEAL	Aloo Beef Keema
VEGGIE MEAL	Jalfrezi Paneer
SIDES	Boiled Rice, Chapati , Broccoli & Carrots
DESSERT	Carrot Cake

## WEDNESDAY

MAIN MEAL	Honey Roast Gammon & Gravy
VEGGIE MEAL	Vegetarian Cottage Pie
SIDES	Roast Potatoes, Yorkshire Pudding & Roasted Carrots
DESSERT	Chocolate Shortbread

## THURSDAY

MAIN MEAL	Chicken Fajita
VEGGIE MEAL	Vegetable Fajita
SIDES	Taco, Tex Mex Wedges & Broccoli
DESSERT	Apple & Parsnip Cake

## FRIDAY

MAIN MEAL	Southern Fried Chicken
VEGGIE MEAL	Vegan Goujons & Chips
SIDES	Chips & Baked Beans
DESSERT	Cherry Cookie

**JACKET & PASTA BAR AVAILABLE DAILY**  
WEEK 3: 16TH SEPT, 7TH OCT, 28TH OCT, 18TH NOV, 9TH DEC