

Let's see what's for lunch...

Week 1

Monday	Main Meals	Beef Meatballs in Roasted Tomato & Basil Sauce (G) with Spaghetti (G)	Served With	Baked Beans & Peas
		Vegan Meatballs in Roasted Tomato & Basil Sauce (G,SO) with Spaghetti (G) Pasta (G) with Tomato & Basil Sauce	Dessert	Chocolate & Sweet Potato Brownie (G,E)
Tuesday	Main Meals	Chicken Chasseur with Steamed Rice	Served With	Sweetcorn & Broccoli
		Five Bean Vegetable Wrap (G) with Steamed Rice	Dessert	Courgette & Oat Cookie (G)
Wednesday	Main Meals	Roast Chicken Fillets with Gravy	Served With	Roast Potatoes, Seasonal Greens & Carrots
		Vegan Squash, Sweet Potato & Bean Hot Pot	Dessert	Vanilla Ice Cream (MK)
Thursday	Main Meals	Spiced Beef Paprikash (MK) with Penne Pasta (G)	Served With	Cauliflower & Roasted Carrots
		Vegetable Chow Mein (G,E,SO)	Dessert	Apple & Parsnip Sponge (G,E)
Friday	Main Meals	Fish Fingers (G,F), Chips & Ketchup	Served With	Baked Beans & Peas
		Vegan Vegetable Fingers, Chips & Ketchup	Dessert	Fruit Jelly

Freshly Baked Bread:

Tomato & Rosemary Bread (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 1: 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Week 2

Monday	Main Meals	Beef Bolognese & Penne Pasta Bake (G,MK)	Served With	Cauliflower & Green Beans
		Vegan Bolognese (SO,g) with Spaghetti (G)	Dessert	Maryland Cookie (G,mk)
Tuesday	Main Meals	Chilli Beef Tacos (G,MK) with Cajun Sweet Potato Wedges (MU)	Served With	Carrots & Peas
		Vegetarian Chilli Tacos (G,MK)& Cajun Sweet Potato Wedges (MU)	Dessert	Carrot & Apple Flapjack (G)
Wednesday	Main Meals	Honey Roast Gammon with Gravy	Served With	Roast Potatoes, Seasonal Greens & Carrots
		Vegan Bombay Chickpea Burrito (G)	Dessert	Banana & Cinnamon Sponge (G,E)
Thursday	Main Meals	Chicken & Mushroom Carbonara (MK,G) with Penne Pasta (G)	Served With	Broccoli & Sweetcorn
		Vegan Aubergine & Courgette Tagine (g) with Penne Pasta (G)	Dessert	Cherry Shortbread (G,SU)
Friday	Main Meals	Fish Fingers (G,F), Chips & Ketchup	Served With	Baked Beans & Peas
		Mixed Bean & Pepper Frittata (MK,E) with Chips & Ketchup	Dessert	Vanilla Ice Cream (MK)

Freshly Baked Bread:

Beetroot & Herb (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 2: 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec

Week 3

Monday	Main Meals	Homemade Pepperoni Pizza (G,SO,MK,e) with Baked Wedges	Served With	Classic Coleslaw (E) & Sweetcorn
		Margherita Pizza (G,SO,MK,e) with Baked Wedges	Dessert	Cinnamon Apple Crumble (G) with Custard (MK)
Tuesday	Main Meals	Baked Sausages (G,SU) with Mashed Potato & Gravy	Served With	Broccoli & Cauliflower
		3 Vegetable Mac n' Cheese (G,MK)	Dessert	Sultana & Oat Cookie (G)
Wednesday	Main Meals	Roast Chicken Fillets with Gravy	Served With	Roast Potatoes, Seasonal Greens & Carrots
		Spinach & Pesto Sauce (MK,G) with Spaghetti (G)	Dessert	Fruit Jelly
Thursday	Main Meals	Chicken Stroganoff (MK,MU,G) with Steamed Rice	Served With	Cauliflower & Roasted Carrots
		Vegan Tofu Sweet & Sour Vegetables (G,SO) with Steamed Rice	Dessert	Orange Drizzle Cake (G,E)
Friday	Main Meals	Fish Fingers (G,F), Chips & Ketchup	Served With	Baked Beans & Peas
		Vegan Burger in a Bun (G,se) with Chips & Ketchup	Dessert	Chocolate & Courgette Rice Krispie Cake (G)

Freshly Baked Bread:

Pesto & Garlic Bread (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)

Week 3: 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt (SO,MK) or Jelly



Allergen Key:

CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM1OurLadyofVictories
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All products are subject to availability